

Park Central OB/Gyn Associates

WHAT TO EXPECT AT YOUR PRENATAL VISITS

7-8 WEEKS Confirm Pregnancy, Sonogram for dating pregnancy

10 WEEKS Nurse visit, complete medical history

ROUTINE LABS: Blood type, Syphilis screen, hepatitis screen,
Rubella, HIV, Antibody screen, Complete blood
count

OPTIONAL LAB: Cystic fibrosis screen, Jewish heritage genetic
Profile

12 WEEKS First visit with Dr., physical exam, pap smear, hear baby's heart
beat for the first time.

16 WEEKS Maternal Serum Screen for Birth Defects offered. This is a
screening test for Down Syndrome, trisomy 18 and
spina bifida, also called a Quad Test.

20 WEEKS Routine visit and possible Sonogram

24 WEEKS Routine visit
Blood work for Rh Negative moms
Take home "Glucola" for glucose tolerance test

28 WEEKS Glucose tolerance test (Tests for Gestational Diabetes)

- Drink glucola just prior to appointment, and record time
- Test is one hour
- Blood drawn at visit

RHOGAM for Rh Negative moms.

30 to 36 WEEKS Routine visits at two week intervals

37 WEEKS Pelvic exam to check for cervical dilation.
Group B strep culture
Review and sign consent forms.
Weekly routine visits until delivery.

NOTE: At each visit you will need to give a urine specimen, weigh, have a blood
pressure check, and an exam by the doctor. Your family is always welcome.