

## **STERILIZATION BY TUBAL LIGATION**

Tubal ligation is an effective and permanent method for contraception, once childbearing has been completed. It may be performed at the time of cesarean section or immediately after a vaginal delivery, and involves the actual removal of a small segment of the mid-portion of both fallopian tubes. The same procedure may also be performed not in association with delivery, and involves the use of laparoscopy to allow for cauterization of a segment of the fallopian tube. There are risks with the procedure, including infection, injury to the bowel or blood vessels, as well as a failure rate of approximately 1 in 500. Recovery time is minimal, and generally does not lengthen post partum recovery in those cases in which it is performed after delivery.

For more information, please discuss this option with your physician, and visit the following website [http://www.webmd.com/hw/infertility\\_reproduction/hw7305.asp](http://www.webmd.com/hw/infertility_reproduction/hw7305.asp)